

Regions of Solutions Overview

During SCALE 1.0, through a grant from the Robert Wood Johnson Foundation (RWJF), we partnered with 24 communities to co-design, test, evaluate and formalize a model to improve community health, wellbeing and equity. Having tested our model for developing **Communities of Solutions**, with renewed support from RWJF, we are launching **Regions of Solutions**. **18 SCALE 1.0** communities will use the SCALE model to accelerate their own health improvement and equity journeys, while also spreading the use of the SCALE method by forming **Regional Networks** with 4-6 nearby communities. These 18 Regional Networks will, in turn, form **Multi-Regional Networks**:

- REGIONAL COHORT 1: NORTHEAST**
- REGIONAL COHORT 2: SOUTHEAST**
- REGIONAL COHORT 3: MIDWEST**
- REGIONAL COHORT 4: MOUNTAIN WEST**
- REGIONAL COHORT 5: WEST**

The 18 SCALE 1.0 communities participating in Regions of Solutions will be guided through two distinct phases:

- **Phase 1: Deepening Your Community of Solutions Skills and Planning for Spread** - During this phase, communities will work to fully embed the SCALE methods and skills into how they do business (making it a permanent part of the community's DNA) while learning the science of spread and scale-up and exploring what spread might look like in their unique context
- **Phase 2: Deepening and Spreading Your Work and the Scale Method** - During this phase, communities will continue their own journeys toward a Community of Solutions while implementing their plan to spread to nearby communities.

Regions of Solutions will offer communities a range of structured yet flexible support throughout the two phases, including:

- **4 National Community Health Improvement and Leadership Academies (CHILAS)** - multi-day training, learning and planning experiences to advance the use of Communities of Solutions Skills and prepare communities for spread and scale-up
- **3 Regional CHILAS** - Each Regional Cohort will offer 3 Regional CHILAS (a total of 15 Regional CHILAS among the 5 Regional Cohorts) to teach the Communities of Solutions skills to the communities participating in the 18 Regional Networks.
- **Ongoing Coaching** for local improvement advisors, community champions and formal institutional leaders to support their distinct work on the journey toward a Community of Solutions
- **Peer-to-Peer Learning** - Regions of Solutions offers a range of opportunities to share bright spots and "failing forward moments", tackle common challenges together and otherwise more effectively share information both within a community and among communities
- **A Comprehensive Infrastructure** to track progress (Measure What Matters), share your story and connect with others (100M Lives Community) and identify evidence-based and promising practices.